



## Social Programme (Activities for Accompanying Persons)

### The Malta Experience

The Malta Experience is a 30 minute audio-visual show (available in 17 languages) that tells the dramatic story of the islands' 7000 year history. Educational, informative and entertaining, the show runs through the turbulent history of a small island nation that has overcome almost unimaginable odds to survive and prosper. Situated in a purpose-built panoramic auditorium, the show chronicles Malta's unique history in just 45 minutes.

Price including transport from St Julians: Euro22.00

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### Harbour Cruise

Join us on a Harbour Cruise and witness Malta's living past. Cruise around Malta on within the two natural harbours on either side of Valletta - Marsamxetto Harbour and the Grand Harbour. The cruise is around 2 hours. A detailed commentary will unfold the history of Valletta and the Three Cities connected with the two Great Sieges of 1565 and 1942, as well as all the other places of interest including the historical forts, battlements and creeks which can only be admired from the sea.

Price including transport from St Julians: Euro20.00

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### Mdina: Full-Day Tour with Lunch

Take a full-day tour of central Malta and discover its history and culture. Visit the Mosta Church, stroll through San Antons Gardens, watch artisans and glass blowers at work in Ta' Qali. See St Paul's Grotto, tour Mdina, enjoy lunch and much more.

Price including transport from St Julians: Euro55.00

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### Valletta: Historical Walking Tour

Explore Malta's vibrant capital on a 4-hour walking tour of Valletta. Wander among beautifully preserved medieval buildings and enjoy breathtaking views from the Upper Barracca Gardens. Learn about the famous knights at the Cathedral museum and more much more.

Price including transport from St Julians: Euro44.00



Mediterranean Forum of Physical  
and Rehabilitation Medicine

